

School lunches are booked via SchoolMoney.

Please book your child's lunches by midnight on Wednesdays for the following week.

FREE SCHOOL LUNCHES – ARE YOU ELIGIBLE?

You could save £16.00 per child per week.....that is around £615 per child per year.

If your child is in Year 3, 4, 5 or 6, and you are in receipt of benefits, your child could be entitled to free school meals.

If your child is in Reception, Year 1 or 2, school meals are free for all children and funded by the Government's Universal Free School Meals Grant. Even though these meals are free, we would still encourage any family in receipt of benefits to apply for free school meals.

This will enable the school to access additional funding for your child e.g. pupil premium.

To apply simply follow the instructions above.

Visit: [Free School Meal Application](#) or pop into the office for a paper copy

MENU UPDATE

This season we will be changing around Roast Dinner Day. Instead of Thursdays we will now be enjoying a roast dinner on a Wednesday. This supports our sustainability plan for reducing the number of deliveries we have to each school.

We have kept a number of favourite dishes following feedback from our catering teams and pupils and have reintroduced some classic dishes such as spaghetti bolognaise and mild chicken curry. We look forward to keeping our pupils well fed and warm as we creep into the winter months.

If you have any questions regarding the new menu please contact your school office or our catering manager Annie Sillars at asillars@aspireacademies.org.uk

SPECIAL DIETS OR ALLERGIES

No problem...

All parents have been sent a special diet form, please return this to the school office. Alternatively, contact Annie Sillars our Catering Manager asillars@aspireacademies.org.uk who can discuss complex dietary needs/allergies in more detail.

Allergy key:

GF - Gluten Free (special diet form required)

DF - Dairy Free (special diet form required)

VG - Suitable for Vegans

V - Vegetarian

H -Halal



WEEK ONE: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 24th Feb, 17th March



MONDAY
 Spanish Chicken with Diced Potatoes or Rice DF GF H
 Chickpea Tagine with Rice or Diced Potatoes DF GF V VG
 Jacket Potatoes with various toppings GF DF V VG
 Cheese or Ham Roll

TUESDAY
 Cheese & Pulled Pork Pinwheel with Wedges or Pasta
 Veggie Meatballs in Super Sauce with Wedges or Pasta V VG
 Jacket Potato with various toppings GF DF V VG
 Cheese or Tuna Wrap

WEDNESDAY
 Roast Beef, Yorkshire & Roast Potatoes GF DF H
 Quorn 'Chicken' Pieces with Yorkshire & Roast Potatoes V VG
 Jacket Potato with various toppings GF DF V VG
 Cheese or Chicken Bloomer

THURSDAY
 Mild Chicken Curry with Rice GF H
 Roasted Vegetable Burrito with Sautee Potatoes or Rice V VG DF
 Jacket Potato with various toppings GF DF V VG
 Cheese or Ham Bap

FRIDAY
 Beef Burger in a Bun with Chips or Pasta
 Veggi Burger in a Bun with Chips or Pasta V VG
 Cheesy Pizza with Chips or Pasta V
 Cheese or Egg Bloomer

GF, DF, V, VG ROLLS AVAILABLE DAILY

WEEK TWO: 11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 3rd March, 24th March

MONDAY
 Chicken & Sweetcorn Meatballs in a Tanga Tomato Sauce with Pasta or Wedges DF GF
 Cheese & Spinach Pinwheel with Pasta or Wedges V
 Jacket Potato with various toppings GF DF V VG
 Cheese or Ham Bap

TUESDAY
 PASTA STATION DAY
 Beef Bolognese DF GF H
 Or
 Nacho Cheesy Sauce Served with Side Salad & Garlic Bread V
 Jacket Potato with various toppings GF DF V VG
 Cheese or Chicken Wrap

WEDNESDAY
 Roast Pork, Yorkshire & Roast Potatoes GF DF
 Cheese, Broccoli & Potato Bake with Yorkshire & Roast Potatoes GF V
 Jacket Potato with various toppings GF DF V VG
 Cheese or Tuna Bloomer

THURSDAY
 Chicken Pie With Mash Potatoes H
 Quorn Dippers with BBQ Sauce Mash Potatoes or Pasta V
 Jacket Potato with various toppings GF DF V VG
 Cheese or Ham Baguette

FRIDAY
 Fish Fillet with Chips or Pasta GF DF H
 Vegan Fishless Fingers with Chips or Pasta DF V VG
 Cheesy Pizza with Chips or Pasta V
 Cheese or Egg Bagel

WEEK THREE: 18th Nov, 9th Dec, 20th Jan, 10th Feb, 10th March, 31st March

MONDAY
BANGER DAY
 Pork Sausages with Mash or Pasta DF GF
 Vegetarian Sausages with Mash or Pasta GF V
 Jacket Potato with various toppings GF DF V VG
 Cheese or Chicken Baguette

TUESDAY
 Salmon Fishcakes with Wedges DF H
 Macaroni Cheese with Garlic Bread V
 Jacket Potato with various toppings GF DF V VG
 Cheese or Ham Wrap

WEDNESDAY
 Roast Chicken, Stuffing, Yorkshire & Roast Potatoes GF DF H
 Quorn Fillet with Stuffing, Yorkshire & Roast Potatoes V VG
 Jacket Potato with various toppings GF DF V VG
 Cheese or Tuna Bagel

THURSDAY
 Beef Lasagne with Side Salad & Herby Bread H
 Nut Free Green Pesto Pasta with Garlic Bread DF V VG
 Jacket Potato with various toppings GF DF V VG
 Cheese or Ham Bap

FRIDAY
 Hot Dog with Chips or Pasta GF DF
 Quorn Hot Dog with Chips or Pasta GF V VG
 Pizza Wrap with Chips or Pasta V
 Cheese or Egg Roll

All meals served throughout the week come with seasonal vegetables, a salad bar and pudding selection or fruit.