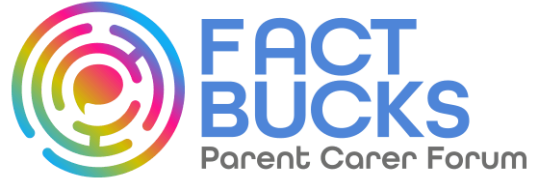


Buckinghamshire ADHD Project

Free Webinars for Parents



**Are you a parent or carer of a child with ADHD?
Join our two-part webinar series, designed to
provide practical strategies for supporting
your child at home.**

Book Your Free Place Now... Click or Scan to Register



**Session 1: 10 -11:30am,
Thursday 22nd May 2025**

- Creating an ADHD-friendly home environment.
- Strategies to improve planning, organising, and time management.
- Improving sleep habits and overall well-being.



**Session 2: 1 -2:30pm,
Tuesday 3rd June 2025**

- Strategies to improve communication and connection with your child.
- Tools to help your child identify and manage feelings.
- Self-care tips to help you support your child effectively.

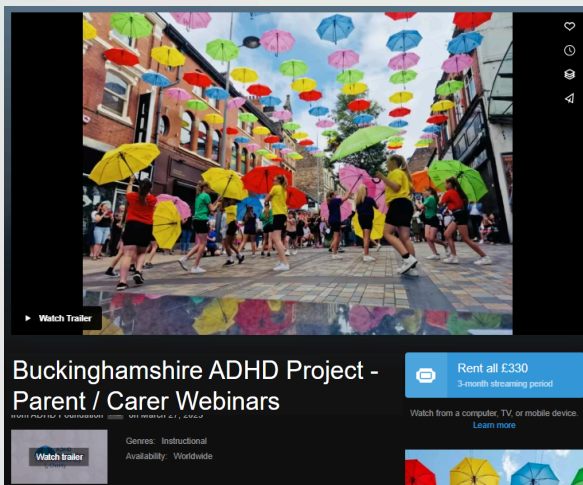


This series will provide valuable insights and practical tools to help both you and your child thrive. These sessions will be recorded and made available to everyone who registers, so even if you cannot make the live streamed session, you won't miss out.

Buckinghamshire ADHD Project



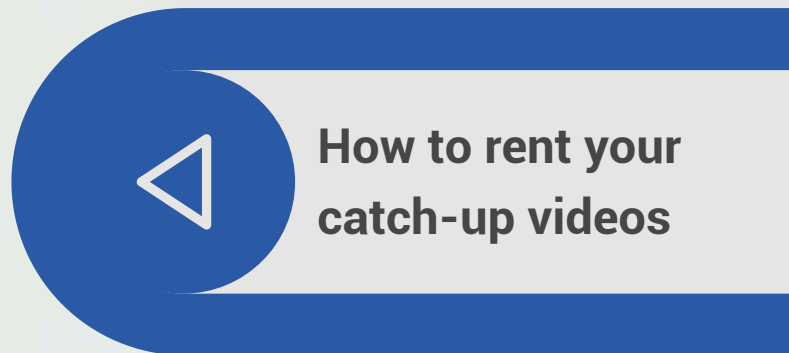
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03 - Type BUCKSEDU2725 and click 'Apply'

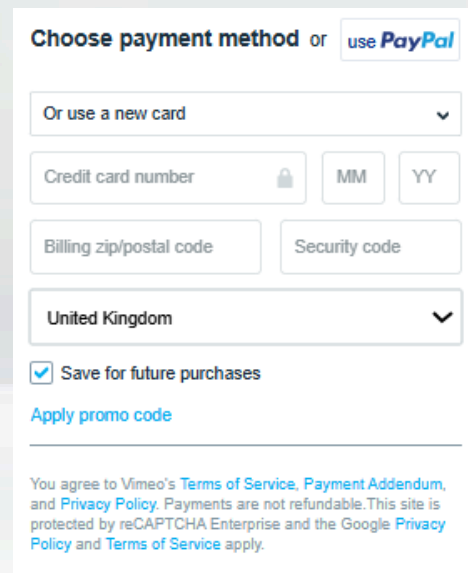


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